


November Dining Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Each meal is served with 8 oz. of 1% milk and 2 slices of whole grain bread (unless otherwise indicated).</p>				<p>1 Cranberry Meatballs Fried Potatoes & Onions Stir Fry Vegetables Fresh Banana</p>	
	<p>4 Chicken Stroganoff over Parslied Egg Noodles Green Bean Almondine Strawberry Applesauce WG Bun</p>	<p>5 Stuffed Pepper Garlic Mashed Potatoes Seasoned Beets Spiced Peaches</p>	<p>6 Fall Apart Pork Roast Roasted Baby Potatoes Balsamic Brussel Sprouts Fresh Plum</p>	<p>7 Sweet & Sour Chicken Vegetable Fried Rice Vegetable Egg Rolls Mandarin Oranges Garlic Naan Bread Fortune Cookie</p>	<p>8 Roast Beef Mashed Potatoes with Gravy Green Bean Medley Red, White & Blue Trifle WG Bun</p>
	<p>11 Jeweled Pork Chop Mashed Sweet Potatoes Country Trio Vegetable Asst Fruit Cup</p>	<p>12 Oven Fried Chicken Chive Mashed Potatoes Seasoned Corn Fresh Apple</p>	<p>13 Sicilian Pork Lasagna Roll Up Vegetable Gratin Side Salad Fresh Grapes WG Garlic Toast</p>	<p>14 BBQ Ribs Baked Beans Creamy Cucumber Salad Cinnamon Apples Corn Bread Muffin</p>	<p>15 Tangy Meatloaf Roasted Fingerling Potatoes Herbed Yellow Squash Watergate Salad</p>
	<p>18 Chicken & Dumplings Mashed Potatoes Parslied Carrots Chilled Dark Cherries</p>	<p>19 Shrimp Scampi Wild Rice Pilaf Steamed Broccoli Chilled Tropical Fruit WG Garlic Toast</p>	<p>20 Chicken Fried Pork with Country Gravy Company Potatoes Roasted Root Vegetables Apricot Crisp</p>	<p>21 Roast Turkey Mashed Potatoes with Gravy Vegetable Dressing Green Bean Casserole Cranberry Relish Fresh Baked Roll Pumpkin Pie</p>	<p>22 Lemon Pepper Tilapia Roasted Rosemary Potatoes Golden CA Vegetables Waldorf Salad</p>
	<p>25 Cabbage Roll Garlic Mashed Potatoes Capri Vegetable Blend Applesauce</p>	<p>26 BBQ Pork Sandwich Ranch Beans Coleslaw Fresh Fruit WG Bun</p>	<p>27 Chicken Kiev Tri-Color Potatoes Mixed Vegetables Blushing Pineapple</p>	<p>28 CLOSED</p>	<p>29 CLOSED</p>
					

MEAL RESERVATIONS (continued from page 6)

PLEASE CALL AT LEAST ONE DAY IN ADVANCE TO MAKE A RESERVATION OR CANCEL YOUR MEAL!

- For Congregate, Drive Thru or Frozen meals at the Burleigh County Senior Center, call 255-4648, Option 1 or stop by the Client Services Desk located in the Senior Center Lobby (from 8:00 am to 3:30 pm)
- For home delivered meals, including meals for rural Burleigh County residents, call 255-4648, Option 2
- For Congregate or Take out meals at Crescent Manor, call 258-6646 (from 10:00 am to 2:30 pm)

MEAL SCHEDULE

Burleigh County Senior Center: Drive-Thru Meal Service from 11:15 am to 11:45 am
Congregate Meal Service from 12:00 pm to 12:30 pm

Crescent Manor: Congregate Meal Service at 11:45 am; Take-Out Meal Service at 12:15 pm

Home Delivered Meals: Meals are delivered between 10:30 am and 12:00 pm

MOM'S MEALS

Clients in need of medically-tailored meals or rural Burleigh County residents may call 255-4648, Option 4 to make arrangements for Mom's Meals to be delivered to their home. See page 6 for more information.