

# November Senior Center Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>DAILY</b> Coffee Bar: 8:00 -10:30 am  Wednesday is Caramel Roll Day!  Pool: 8:30 am - 4:00 pm <b>SCHEDULE SUBJECT TO CHANGE.</b></p>				<p>1 9:30 Chair Yoga 10:45 Strength Finders 1:00 Movie Matinee 1:00 Pinochle</p>
<p>4 9:30 Art from the Heart 10:00 Strength Finders 11:00 "Feel the Drum" 12:45 5 Crowns 12:45 Strength Finders 1:00 Pinochle</p>	<p>5 9:00 Strength Finders 12:30 Comp/Tech Support 12:30 Whist 12:30 Birthday/Anniv. Celebration 12:45 Farkel 1:00 Bridge 1:00 Trivia 1:00 Line Dancing 1:00 Hand &amp; Foot 1:00 Quilting Group</p>	<p>6 8:00 Voice of Heroes 9:00 Standing Yoga 10:00 Grief Group 10:00 Low Vision Support Group 10:00 Cribbage 10:30 Pool Lessons 10:45 Strength Finders 12:45 Strength Finders 1:00 Pinochle / Bingo 1:00 Mahjong 1:30 Caregiver Connections</p>	<p>7 9:00 Strength Finders 9:30 Curiosity Stream 9:30 Yoga Talk 10:00 Strength Finders 11:30 Martin Luther School Music 1:00 Hand &amp; Foot 1:00 Bridge 1:00 BUNCO 1:00 Cornhole</p>	<p>8 7:30 Voice of Heroes 9:30 Chair Yoga 10:45 Strength Finders 11:30 Veterans Day Celebration (See page 2)  <b>NO AFTERNOON ACTIVITIES</b></p>
<p>11 9:30 Art from the Heart 10:00 Strength Finders 11:00 "Feel the Drum" 12:45 5 Crowns 12:45 Strength Finders 1:00 Pinochle</p>	<p>12 9:00 Strength Finders 12:30 Whist 12:30 Comp/Tech Support 12:45 Farkel 1:00 Bridge 1:00 Variety of Games 1:00 Hand &amp; Foot 1:00 Line Dancing</p>	<p>13 9:00 Standing Yoga 10:00 Grief Group 10:00 Cribbage 10:30 Pool Lessons 10:45 Strength Finders 12:45 Strength Finders 1:00 Pinochle 1:00 Mahjong 1:30 Caregiver Connections 1:30 Legal Services  <b>NO BINGO</b></p>	<p>14 9:00 Strength Finders 9:30 Curiosity Stream 10:00 Computer/Phone Basics 10:00 Strength Finders 11:00 Alliance Center for Hearing 1:00 Hand &amp; Foot 1:00 Bridge 1:00 Cornhole  <b>BOOKMOBILE</b></p>	<p>15 9:30 Chair Yoga 10:45 Strength Finders 1:00 Movie Matinee 1:00 Pinochle</p>
<p>18 10:00 Strength Finders 10:00 Nourish Your Eyes/ Diabetic Retinopathy 11:00 "Feel the Drum" 12:45 5 Crowns 12:45 Strength Finders 1:00 Pinochle 1:00 Senior Center Tour</p>	<p>19 9:00 Strength Finders 10:00 Art with Nicole 10:30 Hearing Loss Group 12:30 Whist 12:30 Comp/Tech Support 12:45 Farkel 1:00 Bridge 1:00 Hand &amp; Foot 1:00 Trivia 1:00 Line Dancing</p>	<p>20 9:00 Standing Yoga 10:00 Coffee w/a Cop 10:00 Grief Group 10:00 Cribbage 10:30 Pool Lessons 10:45 Strength Finders 12:45 Strength Finders 1:00 Pinochle / Bingo 1:00 Mahjong 1:30 Caregiver Connections</p>	<p>21 9:00 Strength Finders 9:30 Yoga Talk 10:00 Strength Finders 11:00 Walk This Way 12:00 Thanksgiving Meal/Celebration (See page 1)  <b>NO AFTERNOON ACTIVITIES</b></p>	<p>22 9:30 Chair Yoga 10:45 Strength Finders 1:00 Movie Matinee 1:00 Pinochle</p>
<p>25 12:45 5 Crowns 1:00 Pinochle 1:00 Book Club</p>	<p>26 8:00 Quilting Group 12:30 Whist 12:30 Comp/Tech Support 12:45 Farkel 1:00 Variety of Games 1:00 Bridge 1:00 Hand &amp; Foot</p>	<p>27 10:00 Grief Group 10:00 Cribbage 10:30 Pool Lessons  <b>CLOSE AT 2:00 PM</b>  <b>NO AFTERNOON ACTIVITIES</b></p>	<p>28 CLOSED</p>	<p>29 CLOSED</p>

**\*\*No Fitness Classes week of November 25-29\*\***

