

# August Senior Center Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<b>DAILY</b> Coffee Bar: 8:00 -10:30 am Pool: 8:30 am - 4:00 pm <b>SCHEDULE SUBJECT TO CHANGE.</b>			1 9:00 Strength Finders 9:30 Curiosity Stream 10:00 Strength Finders 1:00 Hand & Foot 1:00 Bridge 1:00 Cornhole 1:00 BUNCO	2 9:30 Chair Yoga 10:45 Strength Finders 1:00 Movie Matinee 1:00 Pinochle
5 9:00 Creative Movement 10:00 Strength Finders 11:00 "Feel the Drum" 12:45 5 Crowns 12:45 Strength Finders 1:00 Pinochle	6 9:00 Strength Finders 9:15 Advisory Committee 12:30 Whist 12:30 Comp/Tech Support 12:30 Birthday/ Anniversary Celebration 12:45 Farkel 1:00 Bridge 1:00 Trivia 1:00 Line Dancing 1:00 Hand & Foot	7 8:30 Caramel Rolls 9:00 Standing Yoga 10:00 Grief Group 10:00 Low Vision Group 10:00 Cribbage 10:00 Rebuild Together 10:30 Pool Lessons 10:45 Strength Finders 12:45 Strength Finders 1:00 Pinochle / Bingo 1:00 Mahjong 1:30 Caregiver Connections	8 9:00 Strength Finders 9:00 Walk This Way 9:30 Curiosity Stream 10:00 Strength Finders 10:00 Computer/Phone Basics 11:00 Alliance Center for Hearing 1:00 Hand & Foot 1:00 Bridge 1:00 Cornhole <b>Bookmobile</b>	9 9:30 Chair Yoga 10:45 Strength Finders 1:00 Movie Matinee 1:00 Pinochle
12 10:00 Strength Finders 10:00 AARP Smart Driver 11:00 "Feel the Drum" 12:45 5 Crowns 12:45 Strength Finders 1:00 Pinochle 2:00 Ballroom Dancing	13 9:00 Strength Finders 10:00 Art with Nicole 10:00 Nourish Your Bones 12:30 Whist 12:45 Farkel 1:00 Bridge 1:00 Hand & Foot 1:00 Variety of Games 1:00 Line Dancing 1:00 Quilting Group	14 8:30 Caramel Rolls 9:00 Standing Yoga 10:00 Grief Group 10:00 Cribbage 10:00 Community Opt. 10:30 Pool Lessons 10:45 Strength Finders 12:45 Strength Finders 1:00 Pinochle / Bingo 1:00 Mahjong 1:30 Caregiver Connections 1:30 Legal Services	15 9:00 Strength Finders 9:30 Curiosity Stream 10:00 Strength Finders 10:30 Managing IBS 1:00 Hand & Foot 1:00 Bridge 1:00 BUNCO 1:00 Cornhole	16 9:30 Chair Yoga 10:45 Strength Finders 1:00 Movie Matinee 1:00 Pinochle
19 10:00 Strength Finders 10:00 Adult Immunization 11:00 "Feel the Drum" 12:45 5 Crowns 12:45 Strength Finders 1:00 Pinochle 1:00 Senior Center Tour	20 9:00 Strength Finders 9:00 Art with Alice 10:30 Hearing Loss Group 12:30 Whist 12:30 Comp/Tech Support 12:45 Farkel 1:00 Bridge 1:00 Hand & Foot 1:00 Trivia 1:00 Line Dancing 2:00 Importance of B12	21 8:15 Nutrition Q&A 8:30 Caramel Rolls 9:00 Standing Yoga 10:00 Grief Group 10:00 Cribbage 10:00 Pool Lessons 10:45 Strength Finders 12:45 Strength Finders 1:00 Pinochle / Bingo 1:00 Mahjong 1:30 Caregiver Connections	22 9:00 Strength Finders 9:30 Yoga Talk 10:00 Strength Finders 12:30 Fall Jamboree 1:00 BCCA Meeting  <b>NO AFTERNOON ACTIVITIES</b>	23 9:30 Chair Yoga 10:45 Strength Finders 1:00 Movie Matinee 1:00 Pinochle
26 10:00 Strength Finders 11:00 "Feel the Drum" 12:45 5 Crowns 12:45 Strength Finders 1:00 Pinochle 1:00 Book Club	27 8:00 Quilting Group 9:00 Strength Finders 10:00 Nourish Your Brain 12:30 Whist 12:45 Farkel 1:00 Bridge 1:00 Hand & Foot 1:00 Variety of Games 1:00 Line Dancing	28 8:30 Caramel Rolls 9:00 Standing Yoga 10:00 Grief Group 10:00 Cribbage 10:30 Pool Lessons 10:45 Strength Finders 12:45 Strength Finders 1:00 Pinochle / Bingo 1:00 Mahjong 1:30 Caregiver Connections	29 9:00 Strength Finders 9:30 Curiosity Stream 10:00 Strength Finders 1:00 Hand & Foot 1:00 Bridge 1:00 Cornhole	30 9:30 Chair Yoga 10:45 Strength Finders 1:00 Movie Matinee 1:00 Pinochle