

# July Senior Center Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
July 1 12:45 5 Crowns 1:00 Pinochle	July 2 12:30 Whist 12:30 Comp/Tech Support 12:30 Birthday/Anniversary Celebration 12:45 Farkel 1:00 Bridge 1:00 Hand & Foot 1:00 Trivia	July 3 8:30 Caramel Rolls 10:00 Low Vision Group 10:00 Cribbage 10:30 Pool Lessons 2:30 Close for Holiday  <b>No Afternoon Activities</b>	July 4 <b>CLOSED</b>	July 5 <b>CLOSED</b>
<b>**No Fitness Classes week of July 1 - 5**</b>				
8 10:00 Strength Finders 10:00 Nourish & Exercise Body 11:00 "Feel the Drum" 12:45 5 Crowns 12:45 Strength Finders 1:00 Pinochle 2:00 Ballroom Dancing	9 9:00 Strength Finders 10:00 Art with Nicole 12:30 Whist 12:45 Farkel 1:00 Bridge 1:00 Variety of Games 1:00 Line Dancing 1:00 Hand & Foot 1:00 Quilting Group	10 8:30 Caramel Rolls 9:30 Severe Weather 9:00 Standing Yoga 10:00 Grief Group 10:00 Cribbage 10:30 Pool Lessons 10:45 Strength Finders 12:45 Strength Finders 1:00 Pinochle / Bingo 1:00 Mahjong 1:30 Caregiver Connections 1:30 Legal Services	11 9:00 Strength Finders 9:30 Curiosity Stream 10:00 Strength Finders 10:00 Computer/Phone Basics 10:30 Nutrition: Renal Disease 11:00 Alliance Center for Hearing 1:00 Hand & Foot 1:00 Bridge 1:00 Cornhole <b>Bookmobile</b>	12 9:30 Chair Yoga 10:45 Strength Finders 1:00 Movie Matinee 1:00 Pinochle
15 9:00 Fitness Class Registration 10:00 Strength Finders 11:00 "Feel the Drum" 12:45 5 Crowns 12:45 Strength Finders 1:00 Pinochle 1:00 Senior Center Tour	16 9:00 Strength Finders 10:00 Sun Safety & Nourish Your Skin 10:30 Hearing Loss Group 12:30 Whist 12:30 Comp/Tech Support 12:45 Farkel 1:00 Bridge 1:00 Hand & Foot 1:00 Trivia 1:00 Line Dancing	17 8:30 Caramel Rolls 9:00 Standing Yoga 10:00 Grief Group 10:00 Cribbage 10:30 Pool Lessons 10:45 Strength Finders 12:45 Strength Finders 1:00 Pinochle / Bingo 1:00 Mahjong 1:30 Caregiver Connections	18 9:00 Strength Finders 10:00 Strength Finders 12:30 Music 1:00 Hand & Foot 1:00 Bridge 1:00 BUNCO 1:00 Cornhole 1:00 BCCA Meeting	19 9:30 Chair Yoga 10:45 Strength Finders 1:00 Movie Matinee 1:00 Pinochle
22 9:30 Art from the Heart 10:00 Strength Finders 11:00 "Feel the Drum" 12:45 5 Crowns 12:45 Strength Finders 1:00 Pinochle	23 8:00 Quilting Group 9:00 Strength Finders 9:30 Cooking for One 12:30 Whist 12:45 Farkel 1:00 Bridge 1:00 Hand & Foot 1:00 Variety of Games 1:00 Line Dancing 2:00 Nutrition & Bone Health	24 8:30 Caramel Rolls 9:00 Standing Yoga 9:00 Walk This Way 10:00 Grief Group 10:00 Cribbage 10:30 Pool Lessons 10:45 Strength Finders 12:45 Strength Finders 1:00 Pinochle / Bingo 1:00 Mahjong 1:30 Caregiver Connections	25 9:00 Strength Finders 9:30 Curiosity Stream 10:00 Strength Finders 12:30 Music 1:00 Hand & Foot 1:00 Bridge 1:00 Cornhole 2:00 Impact of Fiber	26 9:30 Chair Yoga 10:45 Strength Finders 1:00 Movie Matinee 1:00 Pinochle
29 9:00 Walk Around Block Poker 10:00 Strength Finders 11:00 "Feel the Drum" 12:45 5 Crowns 12:45 Strength Finders 1:00 Pinochle	30 9:00 Strength Finders 10:00 Medicare Made Simple 12:30 Whist 12:45 Farkel 1:00 Bridge 1:00 Hand & Foot 1:00 Line Dancing	31 8:30 Caramel Rolls 9:00 Standing Yoga 10:00 Grief Group 10:00 Cribbage 10:30 Pool Lessons 10:45 Strength Finders 12:45 Strength Finders 1:00 Pinochle / Bingo 1:00 Mahjong 1:30 Caregiver Connections	<p style="margin: 0;"><b>DAILY</b></p> <p style="margin: 0;"><b>Coffee Bar: 8:00 -10:30 am</b></p> <p style="margin: 0;"><b>Pool: 8:30 am - 4:00 pm</b></p> <p style="margin: 0;"><b>SCHEDULE SUBJECT TO CHANGE.</b></p>	