


# March Dining Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Each meal is served with 8 oz. of 1% milk and 2 slices of bread (unless otherwise indicated). Coffee and water is served at meal sites. <b>MENU IS SUBJECT TO CHANGE!</b></p>				<p>1 Baked Lemon Tilapia Rosemary Potatoes Seasoned Broccoli Fruited Mallow Gelatin</p>
<p>4 Beef and Cabbage Bake Wax Beans and Red Peppers Fruity Tapioca Pudding Wheat Dinner Roll</p>	<p>5 Chicken Drumstick Scalloped Potatoes Seasoned Green Beans Fresh Cantaloupe WG Biscuit</p>	<p>6 BBQ Pork on a Bun Sweet Potato Waffle Fries Succotash in Garlic Butter Heavenly Fruit Salad</p>	<p>7 Tangy Meatloaf Tri Colored Roasted Potatoes Roasted Vegetables Fresh Pear Assorted Desserts</p>	<p>8 Herbed Salmon Baked Potato w/Sour Cream Lemon Asparagus Seasonal Fresh Fruit</p>
<p>11 Orange Chicken Garlic Noodles Oriental Blend Vegetables Vegetable Egg Roll Assorted Fruit Cup</p>	<p>12 Mexican Meatballs Mashed Potatoes Southwestern Corn Fresh Orange</p>	<p>13 BBQ Pork Ribs Baked Beans Au Gratin Potatoes Cinnamon Apples Corn Bread</p>	<p>14 Roast Turkey and Gravy Mashed Potatoes Herbed Green Beans Blushing Pineapple</p>	<p>16 <b>St. Patrick's Day</b> Corned Beef Brisket Parslied Potatoes Cabbage and Carrots Irish Fruit Salad Irish Bread Pudding</p>
<p>18 Herb &amp; Mustard Crusted Pork Loin Potatoes and Onions Brussel Sprouts with Bacon Chilled Tropical Fruit</p>	<p>19 Beef Pot Pie w/Biscuit Topping Roasted Cauliflower Fresh Grapes Breadstick</p>	<p>20 Chicken Kiev O'Brien Potatoes Scandinavian Vegetable Blend Ginger Baked Pears</p>	<p>21 <b>Easter Meal</b> Glazed Ham Au Gratin Potatoes Peas and Carrots Fresh Banana Cherry Pie</p>	<p>22 Baked Cod with Garlic Sauce Lemon Dill Orzo Seasoned Zucchini Chilled Fruit Cocktail Wheat Dinner Roll</p>
<p>25 French Chicken Macaroni and Cheese Italian Vegetable Blend Chilled Mandarin Oranges</p>	<p>26 Sausage and Sauerkraut Roasted Red Potatoes Parslied Carrots Chilled Peaches</p>	<p>27 Oven Fried Chicken Baby Baker Potatoes Mixed Vegetable Fresh Apple</p>	<p>28 Roast Beef Mashed Potatoes and Gravy Roasted Vegetables Seasonal Fresh Fruit Assorted Cookie</p>	<p>29 <b>CLOSED</b></p> 

## NUTRITION PROGRAM INFORMATION:

Burleigh County Senior Center: Drive-Thru Meal Service from 11:15 am to 11:45 am  
Congregate Meal Service from 12:00 pm to 12:30 pm  
Crescent Manor: Congregate Meal Service at 11:45 am; Take-Out Meal Service at 12:15 pm  
Wing & Sterling Meal Sites: Congregate Meal Service/Take-Out Meal Service at 12:00 noon

### MEAL RESERVATIONS:

Call at least one day in advance.  
Burleigh County Senior Center 258-9276 (from 8:00 am to 3:30 pm)  
Crescent Manor 258-6646 (from 10:00 am to 2:30 pm)  
Wing Senior Center/Sterling Meal Site 943-2490 (from 8:00 am to 2:30 pm)  
Home-Delivered Meal inquiries, please call 255-4648.

**Suggested donation is \$4.50/meal. The meal price for those under 60 is \$11.00.** SNAP/EBT and credit/debit cards are accepted. OAA federal regulations require individuals age 60 and older to complete a meal assessment to participate in the Nutrition Program. Meal participants are required to update their assessment annually. Individuals are notified when their assessment is due for updating.