

September Senior Center Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Schedule Subject to Change.</p> <p>Please check in on "MySeniorCenter" daily.</p>			<p>DAILY</p> <p>Coffee Bar: 8:00 -11:30 am</p> <p>Billiards: 8:30 am - 4:00 pm</p>	<p>1</p> <p>9:30 Chair Yoga 10:45 Strength Finders 1:00 Movie Matinee 1:00 Pinochle</p>
<p>4</p> <p>CLOSED</p> <p>HAPPY LABOR DAY</p>	<p>5</p> <p>9:00 Strength Finders 9:15 Advisory Committee 12:30 Birthday & Anniversary Celebration 12:30 Whist 12:45 Farkel 1:00 Bridge 1:00 Line Dancing 1:00 Trivia</p>	<p>6</p> <p>8:30 Caramel Rolls 9:00 Standing Yoga 10:00 Grief Group 10:00 Low Vision Group 10:00 Cribbage 10:30 Billiards Lessons 10:45 Strength Finders 12:45 Strength Finders 1:00 Pinochle & Bingo 1:00 Mahjong 1:30 Caregiver Group</p>	<p>7</p> <p>9:00 Strength Finders 9:30 Real Wild West 10:00 Strength Finders 12:45 Hand & Foot 1:00 Bridge 1:00 BUNCO 1:00 Cornhole</p>	<p>8</p> <p>9:30 Chair Yoga 10:45 Strength Finders 1:00 Movie Matinee 1:00 Pinochle</p>
<p>11</p> <p>9:30 Art from the Heart 10:00 Strength Finders 12:45 5 Crowns 12:45 Strength Finders 1:00 Pinochle</p>	<p>12</p> <p>8:30 HDM Driver Meeting 9:00 Strength Finders 9:30 Living a Healthy Life Workshop 10:00 Art with Nicole 12:30 Whist 12:45 Farkel 1:00 Games 1:00 Bridge 1:00 Line Dancing 1:00 Quilting Group</p>	<p>13</p> <p>8:00 Q&A Nutrition 8:30 Caramel Rolls 9:00 Standing Yoga 10:00 Grief Group 10:00 Cribbage 10:30 Billiards Lessons 10:45 Strength Finders 12:45 Strength Finders 1:00 Pinochle & Bingo 1:00 Mahjong 1:30 Caregiver Group 1:30 Legal Services of ND</p>	<p>14</p> <p>9:00 Strength Finders 9:30 Bag It 9:30 Yoga Talk 10:00 Strength Finders 10:00 Computer Basics 11:00 Alliance Center for Hearing 12:30 Special Music 12:45 Hand & Foot 1:00 Bridge 1:00 Cornhole BOOKMOBILE</p>	<p>15</p> <p>CLOSED</p> <p>ELECTRICAL REPAIRS TO FACILITY</p>
<p>18</p> <p>9:30 Art with Alice 10:00 Strength Finders 10:00 Homestead Property Tax Program 12:45 5 Crowns 12:45 Strength Finders 1:00 Pinochle</p>	<p>19</p> <p>9:00 Strength Finders 9:30 Living a Healthy Life Workshop 9:30 Cooking for One 10:30 Hearing Loss Support Group 12:30 Dementia Conversations 12:30 Whist 12:45 Farkel 1:00 Bridge 1:00 Line Dancing 1:00 Trivia</p>	<p>20</p> <p>8:30 Caramel Rolls w/cop 9:00 Standing Yoga 10:00 Grief Group 10:00 Cribbage 10:30 Billiards Lessons 10:45 Strength Finders 12:45 Strength Finders 1:00 Pinochle & Bingo 1:00 Mahjong 1:30 Caregiver Group 2:00 Aging Gracefully</p>	<p>21</p> <p>9:00 Strength Finders 9:30 Shipping the World 10:00 Strength Finders 10:30 Cholesterol Presentation 11:00 Walk This Way 12:45 Hand & Foot 1:00 BUNCO 1:00 BCCA Meeting 1:00 Bridge 1:00 Cornhole</p>	<p>22</p> <p>9:30 Chair Yoga 10:45 Strength Finders 1:00 Movie Matinee 1:00 Pinochle</p>
<p>25</p> <p>9:00 Scandinavian Foods-Lefse 10:00 Strength Finders 12:45 5 Crowns 12:45 Strength Finders 1:00 Pinochle 1:00 Book Club</p>	<p>26</p> <p>9:00 Strength Finders 9:00 Fall Risk Screenings 9:30 Living a Healthy Life Workshop 12:30 Whist 12:45 Farkel 1:00 Games 1:00 Bridge 1:00 Line Dancing 1:00 Quilting Group</p>	<p>27</p> <p>8:30 Caramel Rolls 9:00 Standing Yoga 10:00 Grief Group 10:00 Cribbage 10:30 Billiards Lessons 10:45 Strength Finders 12:45 Strength Finders 1:00 Pinochle & Bingo 1:00 Mahjong 1:30 Caregiver Group</p>	<p>28</p> <p>9:00 Strength Finders 9:30 The Body 9:30 Yoga Talk 10:00 Strength Finders 12:45 Hand & Foot 12:45 Wellness Walk 1:00 Bridge 1:00 Cornhole</p>	<p>29</p> <p>9:30 Chair Yoga 10:45 Strength Finders 1:00 Movie Matinee 1:00 Pinochle</p>