

# June Dining Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
Each Meal comes with 8 oz. of 1% milk and 2 slices of bread (unless otherwise indicated). Coffee and water is served at Senior Center and meal sites.  <b style="color: red; text-align: center;">MENU SUBJECT TO CHANGE!</b>			1 Glazed Ham AuGratin Potatoes Peas & Carrots Fresh Banana Scotcharoo	2 Shrimp Scampi Wild Rice Pilaf Asparagus Zesty Vegetable Salad Seafoam Salad
5 Chicken Kiev Roasted Potato Medley Broccoli Normandy Chilled Peaches	6 Denver Scramble Potatoes O'Brian Maple Roasted Vegetables Fresh Blackberries	7 Steak Cobb Salad Garlic Naan Bread Apple Brown Betty	8 Oven Fried Chicken Mashed Potatoes & Gravy Glazed Carrots Fresh Fruit	9 Seafood Linguini Garden Salad Roasted Vegetables Whole Grain Garlic Toast Apple Pecan Salad
12 Hamburger Steak Garlic Mashed Potatoes Country Trio Vegetable Blend Chilled Tropical Fruit	13 Butter Chicken Curried Rice Oriental Vegetables Garlic Naan Bread Fresh Watermelon	14 Brat with Sauerkraut on Whole Wheat Bun Sweet Pepper Coleslaw Baked Beans Fresh Apple Strawberry Dream Cake	15 Roast Beef Mashed Potatoes & Gravy Roasted Vegetables Chilled Fruit Cocktail	16 Lemon Pepper Tilapia Roasted Rosemary Potatoes Steamed Broccoli Fruited Gelatin
19 Chicken Fried Chicken Mashed Potatoes with Country Gravy Roasted Root Vegetables Chilled Dark Cherries	20 Deconstructed Breakfast Burrito (steak bites, scrambled eggs, hashbrowns) Orange Vinaigrette Roasted Vegetables Fresh Blueberries	21 Asian Shrimp Salad Whole Wheat Garlic Breadstick Diced Mango Asst. Desserts	22 Cranberry Meatballs Fried Potatoes with Onions Stir Fry Vegetables Fresh Plum Asst. Desserts	23 Chicken, Broccoli and Wild Rice Casserole Marinated Vegetable Salad Watergate Salad
26 Beef Tips Caramelized Onion Mashed Potatoes Spinach and Mushrooms Strawberry Applesauce	27 Sweet & Sour Chicken with Pineapple, Onions and Peppers Pineapple Rice Vegetable Pot Stickers Fresh Honeydew Fortune Cookie	28 Pork Chop with Peach Chutney Glazed Sweet Potatoes Murray Vegetable Blend Chilled Apricots	29 BBQ Ribs Creamy Sweet Potato Salad Green Beans with Bacon Fresh Orange	30 Fish Taco with Raspberry Slaw Black Beans Southwest Corn Cherry Fruit Salad

## **NUTRITION PROGRAM INFORMATION:**

Burleigh County Senior Center: Drive-Thru Meal Service from 11:15 am to 11:45 am  
 Congregate Meal Service from 12:00 pm to 12:30 pm  
 Crescent Manor: Congregate Meal Service at 11:45 am; Take-Out Meal Service at 12:15 pm  
 Wing & Sterling Meal Sites: Congregate Meal Service/Take-Out Meal Service at 12:00 noon

### **MEAL RESERVATIONS:**

Call at least one day in advance.  
 Burleigh County Senior Center 258-9276 (from 8:00 am to 3:30 pm)  
 Crescent Manor 258-6646 (from 10:00 am to 2:30 pm)  
 Wing Senior Center/Sterling Meal Site 943-2490 (from 8:00 am to 2:30 pm)  
 Home-Delivered Meal inquiries, please call 255-4648.

**Suggested donation is \$4.50/meal. The meal price for those under 60 is \$11.00.**

SNAP/EBT and credit/debit cards are accepted. OAA federal regulations require individuals age 60 and older to register to participate in the Nutrition Program. Home-Delivered and Drive-Thru meal participants are required to update their registration annually. Individuals are notified when their registration is due for updating.