

What is the Home Delivered Meals Program?

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The Home Delivered Meals Program is a service which provides a nutritious meal to persons who are homebound and unable to prepare their own meals. The meals assist in maintaining or improving the health of the recipient, and in many cases, prevent premature and unnecessary institutionalization. Along with other in-home services, the older person can remain independent.

Nutritious noon meals are delivered daily Monday through Friday. Frozen meals for Saturday and Sunday may be available upon request.

If a holiday interrupts the Monday through Friday delivery schedule, no meal will be delivered on the holiday. Upon request, a frozen meal will be provided to participants prior to the holiday.

The meals provide at least one-third of the minimum daily requirements for older persons. The food is hot, tasty, and ready to eat upon delivery.

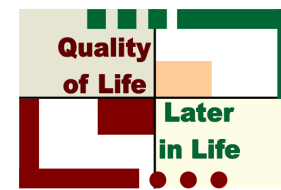
Volunteers who deliver the meals, also provide a daily check on the well-being of the older person. As health and mobility improves, the recipient can then enjoy a meal and companionship at the Senior Center.

Burleigh County Senior Adults Program

315 North 20th Street, Bismarck, ND 58501

Home Delivered Meals Program

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315 North 20th Street
Bismarck, ND 58501



www.BismarckSeniorCenter.org
701-255-4648
Fax: 701-222-3690
bcsap1@midconetwork.com



Qualifying for Home Delivered Meals

In order to qualify for home delivered meal service, the applicant must meet all of the following criteria:

-You must be 60 years of age or older. The spouse is also eligible regardless of age.

-You must live within the boundaries of Bismarck, Wing, or Sterling, ND.

-You must be homebound. This means you must have a physical or mental condition making it extremely difficult to come to the Senior Center either by private vehicle or the Bis-Man Transit bus. This condition may be short- or long-term.

The Burleigh County Senior Adults Program is unable to provide meals for special dietary needs.



Q&A

Who Provides the Meals?

The Burleigh County Senior Adults Program prepares the meals on-site at the Senior Centers in Bismarck and Wing. Meals are prepared for both the congregate setting and for delivery to the home-bound.

How Much Does It Cost?

This program is supported by federal, state, and local funds. Therefore, the cost of the meal is based upon one's ability to pay. The suggested contribution for Home Delivered meals is \$4.00. SNAP Benefits are accepted. No one will be denied meals due to inability to contribute.

If you, a friend, neighbor, or loved one has difficulty preparing meals and is homebound, there is a wonderful, caring program available to older persons in Burleigh County.

It is called the Home Delivered Meals Program, and it is available through the Senior Center in Bismarck, the Golden Wing Club in Wing, ND.

Important Reminder

Meal cancellations must be made by 9:30 a.m. on the day the meal is to be delivered. Twenty-four hours minimum is required to establish a client in our program. Initially, an Options Counselor will assess each person to determine their eligibility for Home Delivered Meals. Persons being discharged from the hospital will be provided meals on an emergency basis until the Options Counselor is able to determine their needs.

For More Information

In Bismarck, contact:

Burleigh County Senior Adults Program
315 North 20th Street, Bismarck, ND 58501
701-255-4648
bcsap1@midconetwork.com

In Wing or Sterling, contact:

Golden Wing Club Senior Center
Wing, ND
701-943-2490