

## Qualifying for Home Delivered Meals

To qualify for home delivered meals, the recipient must be homebound because of physical, incapacity, mental or social conditions, or isolation. A person is considered homebound when one or more of the following exist:

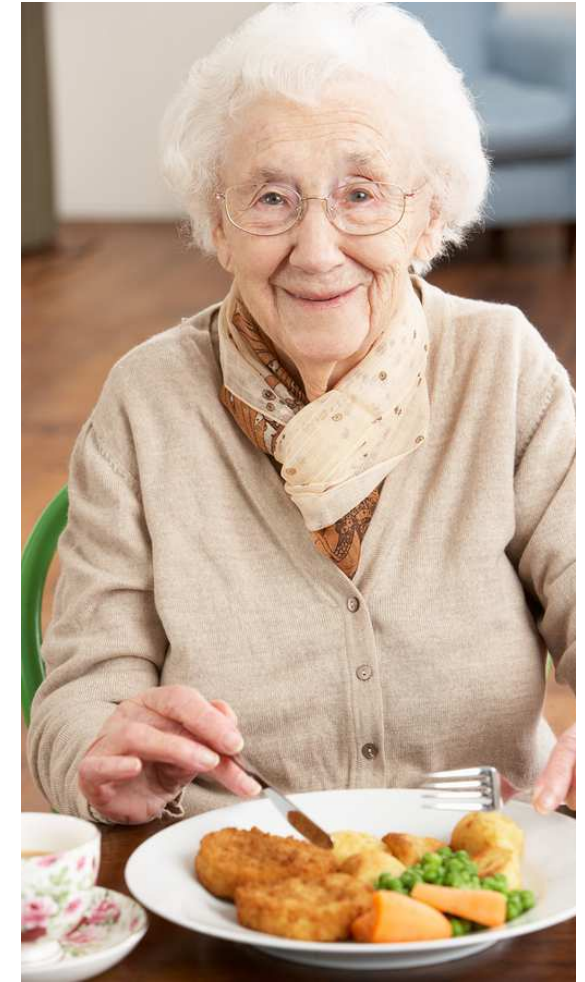
- Limited physical mobility
- Emotional or psychological impairment that prohibit participation at a congregate meal site
- Remote geographic location where no congregate meal site exists
- Remote geographic location that prohibits accessing the meal site due to transportation issues

PLACE  
STAMP  
HERE



A hot home delivered meal is provided to qualified recipients Monday through Friday within the city limits of Bismarck and Wing. For those outside city limits, frozen meals are available. For more information on eligibility, please call us.

**Burleigh County Senior Adults Program**  
315 N 20th Street  
Bismarck, ND 58501



## HOME DELIVERED MEALS PROGRAM

Burleigh County  
Senior Adults Program

## What is the Home Delivered Meals Program?

The Home Delivered Meals Program is a service which provides a nutritious meal to persons who are homebound and unable to prepare their own meals. The meals assist in maintaining or improving the health of the recipient and, in many cases, prevent premature and unnecessary institutionalization. Along with other in-home services, if needed, the recipient can remain independent.

Nutritious noon meals are delivered daily Monday through Friday. Frozen meals for Saturday and Sunday are available upon request.

If a holiday interrupts the Monday through Friday delivery schedule, no meal will be delivered on the holiday. Upon request, a frozen meal will be provided to recipients prior to the holiday.

The meals provide at least one-third of the minimum daily nutrition requirements for older persons. The food is hot, tasty, and ready to eat upon delivery.

Volunteers who deliver the meals also provide a daily check on the well-being of the recipient. As health and mobility improve, the recipient can then enjoy a meal and companionship at the Bismarck Senior Center.

## Who provides the meals?

The Burleigh County Senior Adults Program prepares the meals on site at the Senior Centers in Bismarck and Wing. Meals are prepared for both the congregate setting and for delivery to the homebound recipients.

## How much does it cost?

This program is supported by federal, state, and local funds. Recipients may make a contribution to the cost of the meals that they receive. The suggested contribution for home delivered meals is \$4.00 per meal. SNAP Benefits are accepted. No one will be denied meals due to inability or unwillingness to contribute.

## IMPORTANT REMINDERS

Twenty-four hours minimum is required to establish a recipient in our program. Initially and then semi-annually, an Outreach Coordinator will assess each person to determine their eligibility for home delivered meals. Persons being discharged from the hospital will be provided meals on an emergency basis until the Outreach Coordinator is able to determine their needs. Meals must be received at least three times a week. Meal cancellations must be made by 9:30 am on the day the meal is to be delivered. Meals cannot be customized, other than receiving milk. The recipient must be home to get the meal. Meals cannot be left at the door. Each month, a menu will be mailed to the recipient and is also available on our website.



### Contact Us

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